

Arnold has a LIFELINE



Arnold in front of the Hope Center, Elizabeth, NJ

Born in England, after his parents separated, Arnold moved with his father to the United States. Introduced to marijuana in high school, in college he ran with a crowd where drinking and smoking marijuana wasn't a big deal. By his senior year he was using cocaine and thought it was great.

After college, Arnold found a decent job and got married. But, shortly after, family problems began to arise and Arnold was spending most of his time away from home and using drugs more frequently. He was smoking cigarettes, drinking, and sniffing cocaine. At first it was only on the weekends, but soon he was using drugs even at work. He was fired from the job.

Arnold sought help and was admitted to a detox program. He did well for the first 6 months, but his drug habit took over his life again. This vicious cycle was repeated three more times until 2004 - he met Ralph Menendez, the Director of Addiction Services at The

Hope Center at a Narcotics Anonymous (NA) meeting. This meeting started Arnold on his road to freedom.

Arnold accepted Ralph's offer of help and he became Arnold's sponsor/mentor. He started meeting with Ralph 2-3 times a week at The Hope Center. Shortly after, Arnold was placed in a Salvation Army program. The interviewer at the Salvation Army asked, "So, how is this time any different than the last?" Arnold answered, "For the first time, I know I have a personal relationship with Jesus Christ".

The day before he came to the Salvation Army, Ralph had invited him to the Overcomers Outreach meeting at Union Baptist Church in Elizabeth, NJ. Unlike NA meetings, people talked about God and what He was doing in their lives. Listening to other people's experiences of God, Arnold realized God is not just a holy figure who tells him what to do and what not to do, but through Christ, God is his friend and shepherd. His long journey to fill the void in his heart was finally over.



Arnold with Ralph at the Hope Center Office

When he is down and has no one to talk to, Arnold dials the 1-800 number at The Hope Center to talk to Ralph. Arnold calls it a "Life Line". Ralph is always there to talk to and encourage him, even giving him advice on how to deal with his son and ex-wife. Now he and his 11-year-old son are like best friends. "God works through people like Ralph to help me overcome the addiction and restore my relationships" Arnold says.



Overcomers at Their Weekly Meeting

He is now clean for one year. He so excelled in his program that the Salvation Army hired him as a resident supervisor to oversee about 100 recovering addicts. He graduated from the program in May. He wants to complete his education and find a job wherever God leads. Whatever lies ahead of him, he knows now that he can draw strength from daily reading God's Word, through prayer, attending Overcomers Outreach meetings and getting together with Ralph at The HOPE Center. □

Roof is on!

We no longer need buckets all over the floor when it rains! In April, we were able to put a new roof on. This is the first step towards building our kitchen and office spaces that are very much needed. We want to thank those who financially supported this project, especially E. J. Grassmann Trust and Millington Baptist Church for their generous contributions. ☐



CityTribe Block Party



Band "Radiant" from Texas

CityTribe Church is a part of NYCRC, started in October of 2003 by Juan and Tracy Galloway. On May 14, CityTribe put on a big Block Party for Elizabeth. It was a day to have fun and offer hope to our friends in the community who are poor, homeless, addicts or prostitutes. The event was a huge success and there were at least 300 people who came throughout the event. ☐



Cotton Candy,
Clowns,
Popcorn, Ballons,
and much more!



Skit done by Drama Team from
Calvary Tabernacle

Needs

If you would like to contribute toward our specific needs, please contact Anne Jones at 908-352-8778.

- Funds and volunteers for the new kitchen construction.
- We need a good stock of new socks and T-shirts for the people. ☐

Opportunities

Please contact Richard Galloway.

- Bus drivers for the summer.
- Internship available for 3-12 months.
- Staff position for Mobile Outreach Team Member and Office Administrator. ☐

Coming up next

- 3rd annual golf outing will be held at Arcola Country Club on September 21, 2005.
- 4th annual fund raising event Raffle/Auction is coming up in October. This year we are raffling off a Mini Cooper.
- East Coast School of Urban Ministry is sending two students, Katherine and Caroline to Colombia Orphanage Ministry this summer. ☐



New York City Relief is a mobile outreach to the poor and homeless. We base our mission on Isaiah 58:6-12 and Matthew 25:34-40.

We are 501(c)3 non-for-profit organization.



New York City Relief was founded by Richard and Dixie Galloway in 1989.

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